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## RESEARCH ARTICLE

### SIMULTANEOUS ESTIMATION OF LEVODOPA AND BENSERAZIDE BY USING REVERSE PHASE HIGH PERFORMANCE LIQUID CHROMATOGRAPHY IN API AND MARKETED FORMULATION

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#### ABSTRACT

Pharmaceutical analysis plays a vital role in the Quality Assurance and Quality control of bulk drugs. A rapid and precise reverse phase high performance liquid chromatographic method has been developed for the validated of benserazide and levodopa, in its pure form as well as in tablet dosage form. Chromatography was carried out on an Altima C<sub>18</sub> (4.6 x 150mm, 5µm) column using a mixture of methanol: TEA buffer pH 4.5: acetonitrile (50:25:25) as the mobile phase at a flow rate of 1.0ml/min, the detection was carried out at 225nm. The retention time of the benserazide and levodopa was 2.102, 3.537±0.02min respectively. The method produces linear responses in the concentration range of 5-25mg/ml of benserazide and 12.5-62.5mg/ml of levodopa. The method precision for the determination of assay was below 2.0 %RSD. The method is useful in the quality control of bulk and pharmaceutical formulations. The validated method was successfully applied to quantify levodopa and benserazide simultaneously in a pharmaceutical formulation. The method was found to be precise, sensitive and accurate for the simultaneous determination levodopa and benserazide in bulk and pharmaceutical formulations.

#### INTRODUCTION

L-DOPA (L-3,4-dihydroxyphenylalanine) is a chemical that is made and used as part of the normal biology of some animals and plants. Some animals including humans make it via biosynthesis from the amino acid L-tyrosine. L-DOPA is the precursor to the neurotransmitters dopamine, norepinephrine (noradrenaline), and epinephrine (adrenaline) collectively known as catecholamines. L-DOPA can be manufactured and in its pure form is sold as a psychoactive drug with the INN levodopa; trade names include Sinemet, Parcopa, Atamet, Stalevo, Madopar, Prolopa, etc.). As a drug it is used in the clinical treatment of Parkinson's disease and dopamine-responsive dystonia. It is soluble in water, DMSO, and 0.5M HCl, insoluble in ethanol and chloroform. Molecular formula is C<sub>9</sub>H<sub>11</sub>NO<sub>4</sub>, pKa value is 2.32. IUPAC name of levodopa is (2S)-2-amino-3-(3, 4-dihydroxyphenyl) propanoic acid. Mechanism of action is striatal dopamine levels in symptomatic parkinson's disease are decreased by 60 to 80%, striatal dopaminergic neurotransmission may be enhanced by exogenous supplementation of dopamine through administration of dopamine's precursor, levodopa. A small percentage of each levodopa dose crosses the blood-brain barrier and is decarboxylated to dopamine. This newly formed dopamine then is available to stimulate dopaminergic receptors, thus compensating for the depleted supply of endogenous endogenous dopamine<sup>1-5</sup>.

Benserazide is used as DOPA decarboxylase inhibitor. It is soluble in water and methanol, insoluble in 100% ethanol and acetone. Molecular formula is C<sub>10</sub>H<sub>15</sub>N<sub>3</sub>O<sub>5</sub>. IUPAC name is (RS)-2-Amino-3-hydroxy-N'-(2,3,4-trihydroxybenzyl) propanehydrazide. Mechanism of action is it inhibits the aforementioned decarboxylation, and since it cannot cross the blood-brain barrier, this allows dopamine to build up solely in the brain instead. Adverse effects caused by peripheral dopamine, such as vasoconstriction, nausea, and arrhythmia, are minimized<sup>6-9</sup>.

#### MATERIALS AND METHODS

##### Chemicals and reagents

**Instrumentation:** HPLC Waters Alliance 2695 separation module, software is Empower 2, 996 PDA detector and Weighing machine is Sartorius.

**Preparation of buffer (pH-4.5):** Dissolve 1.5ml of triethyl amine in 250ml HPLC grade water and adjust the pH 4.5.

**Preparation of mobile phase:** Accurately measured 400ml of methanol, 200ml of triethylamine buffer and 400ml of acetonitrile were mixed and degassed in digital Ultrasonicator for 10min and then filtered through 0.45µ filter under vacuum filtration.

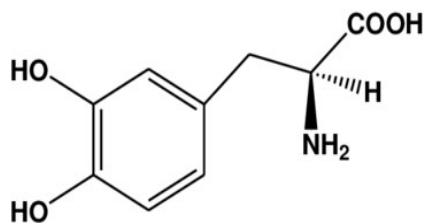


Figure 1. Molecular structure of levodopa

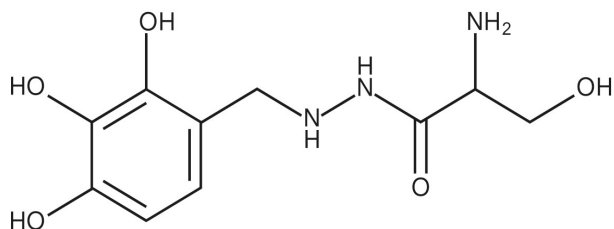


Figure 2. Chemical structure of benserazide

Table 1. Chemicals and solvents used

S. No.	Chemicals and solvents	Manufacturer
1	HPLC grade Methanol	Merck
2	HPLC grade Acetonitrile	Rankem
3	HPLC grade Water	Merck
4	Benserazide and levodopa	Gift samples

**Preparation of standard solution**<sup>18-20</sup>: Accurately weigh and transfer 10mg of benserazide and 10mg of levodopa working standard into a 10ml of clean & dry volumetric flask, add about 7mL of diluents and sonicate to dissolve it completely and make the volume up to the mark with the same solvent(stock solution).Further pipette out 0.1ml of the benserazide and 0.375ml of the levodopa stock solutions into a 10ml volumetric flask and dilute up to the mark with diluents.

**Optimized chromatographic conditions**: Waters HPLC with auto sampler and PDA Detector, at 40°C, mobile phase ratio is methanol: TEA buffer: acetonitrile (50:25:25 v/v),flow rate 1ml/min,  $\lambda_{max}$  set as 225nm, inj. vol. is 10 $\mu$ l and run time is 7min.

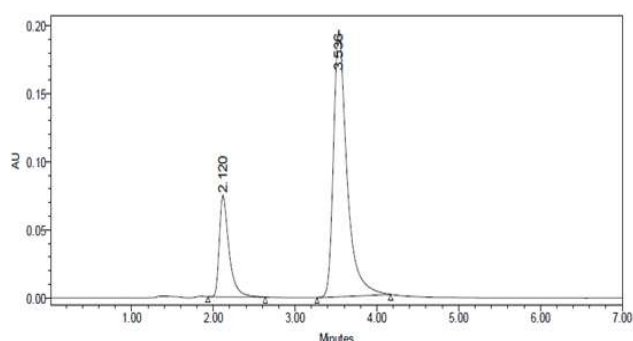


Figure 3. Chromatograms of benserazide and levodopa

Table 2. Optimized method results of benserazide and levodopa

S. No.	Peak name	R <sub>t</sub>	Area	Height	USP resolution	USP tailing	USP plate count
1	Benserazide	2.120	775610	130275	4.0	0.98	6253
2	Levodopa	3.536	555592	93740	5.06	1.23	7836

## RESULTS

$$\% \text{Assay} = \frac{\text{Sample area}}{\text{Standard area}} \times \frac{\text{Weight of standard}}{\text{Dilution of standard}} \times \frac{\text{Dilution of sample}}{\text{Weight of sample}} \times \frac{\text{Purity}}{100} \times \frac{\text{Weight of tablet}}{\text{Label claim}} \times 100$$

**Method validation**: The proposed method was validated as per ICH Q2 guidelines. The solutions of the drugs were prepared as per the earlier adopted procedure given in the experimental work.

**Specificity**: The specificity studies were carried out to check the interference due to presence of excipients in formulation. The excipients should not show any interference with the drug peak and thus it is called as specificity. Figure 4 shows the respective chromatogram for standard, formulation and blank. The ICH documents define specificity as the ability to assess unequivocally the analyte in the presence of components that may be expected to be present, such as impurities, degradation products, and matrix components.

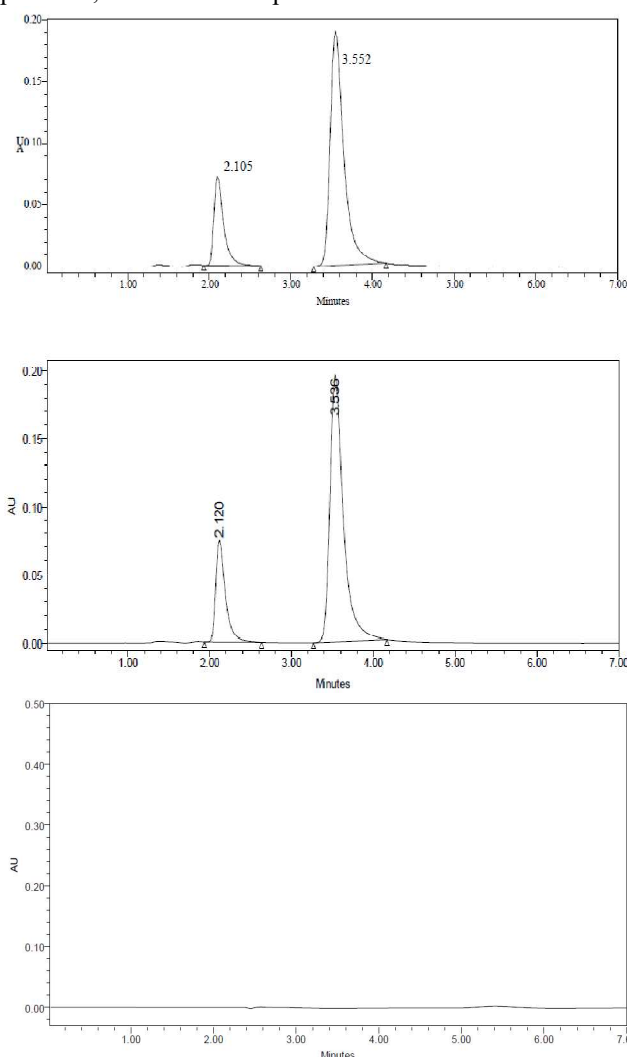


Figure 4. Chromatogram showing standard, sample and blank

**Accuracy**: Inject the Three replicate injections of individual concentrations (50%, 100%, 150%) were made under the optimized conditions and the % recovery was calculated. Recorded the chromatograms and measured the peak responses. Calculate the amount found and amount added for benserazide and levodopa recalculating the individual recovery and mean recovery values the percentage recovery

was found to be within the limit (98.6-100.8%), hence this method was accurate.

**Linearity:** The linearity of an analytical method is its ability to elicit test results that are directly or by a well-defined mathematical transformation, proportional to the concentration of analyte in samples within a given range of 5-25µg/ml,10-50µg/ml of benserazide and levodopa respectively. Linearity may be established for all active substances, preservatives and expected impurities. Correlation coefficient ( $r^2$ ) are 0.999&9991, and the intercept are 13756&33265 respectively. These values meet the validation criteria.

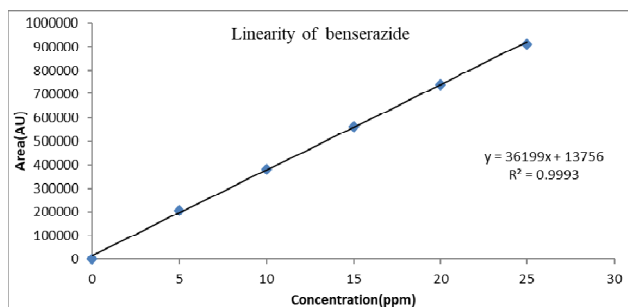


Figure 5. Calibration graph for benserazide

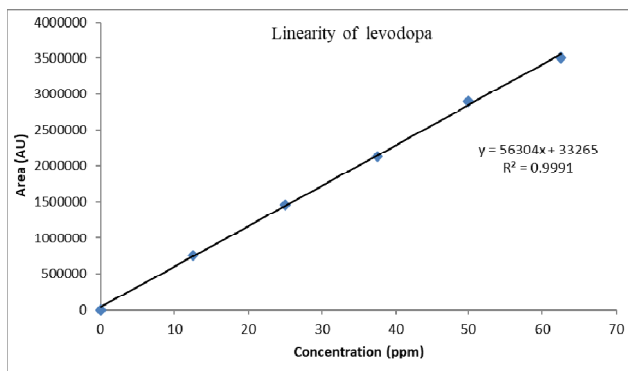


Figure 6. Calibration graph for levodopa

**Precision:** The precision of an analytical procedure expresses the closeness of agreement between a series of measurements obtained from multiple sampling of the same homogeneous sample under the prescribed conditions.

**Repeatability:** The method operating over a short term interval under the same condition. Repeatability is also termed intra-assay precision. It should be obtained by five replicates of 100% accuracy solution as per experimental conditions. Recorded the peak areas and calculated % RSD. Which is within the limits hence method is precise.

**Limit of detection (LOD):** The detection limit of an individual analytical procedure is the lowest amount of analyte in a sample which can be detected but not necessarily quantitated as an exact value.

$$LOD = 3.3 \times \sigma/s$$

Where,  $\sigma$  = Standard deviation of the response, and S = Slope of the calibration curve.

**Limit of quantification (LOQ):** The quantization limit of an individual analytical procedure is the lowest amount of analyte in a sample which can be quantitatively determined.

$$LOQ = 10 \times \sigma/s$$

Where,  $\sigma$  = Standard deviation of the response, and S = Slope of the calibration curve.

**Robustness:** The robustness was performed for the flow rate variations from 0.9ml/min to 1.1ml/min and mobile phase ratio variation from more organic phase to less organic phase ratio for Benserazide and Levodopa. The method is robust only in less flow condition and the method is robust even by change in the mobile phase  $\pm 5\%$ . The standard and samples of benserazide and levodopa were injected by changing the conditions of chromatography. There was no significant change in the parameters like resolution, tailing factor, asymmetric factor, and plate count.

## DISCUSSION

To develop a precise, accurate and suitable RP-HPLC method for the simultaneous estimation of levodopa and benserazide different mobile phases were tried and the proposed chromatographic conditions were found to be appropriate for the quantitative determination. The analytical method was developed by studying different parameters.

Table 3. Accuracy results of benserazide and levodopa

Drug Name	% Conc.	Peak area	Amount Added (ppm)	Amount found(ppm)	% Recovery	Mean % recovery
Benserazide	50	287774	7.5	7.56	100.8	99.6%
	100	551495	15	14.8	98.6	
	150	825175	22.5	22.4	99.5	
Levodopa	50	1104782	18.75	18.73	100	100%
	100	2105321	37.5	37.4	99.9	
	150	3211306	56.25	56.21	100	

Table 4. Linearity results of benserazide and levodopa

Level	Benserazide Conc. in µg/ml	Average Peak Area	Levodopa Conc. in µg/ml	Average Peak Area
I	5	205035	10	757881
II	10	381239	20	757881
III	15	561128	30	1458941
IV	20	740162	40	2132457
V	25	909922	50	2901811
Slop(m)	Y = mx + c	36199	Y = mx + c	56304
Intercept(c)		13456		33265
R <sup>2</sup>		0.999		0.9991

Table 5. Results of repeatability for benserazide

S. No.	Name	Rt	Area	Height	USP plate	USP tailing
1	Benserazide	2.108	602223	128898	2586	1.6
2	Benserazide	2.105	607748	129233	2947	1.4
3	Benserazide	2.113	607302	127409	2468	1.6
4	Benserazide	2.109	608674	127047	2146	1.9
5	Benserazide	2.109	607376	129859	2307	1.7
Mean			606665			
Std. Dev.			2542.3			
% RSD			0.42			

Table 6. Results of method precession for levodopa

S. No.	Name	Rt	Area	Height	USP plate	USP tailing
1	Levodopa	3.552	2220333	2231111	1.6	2371
2	Levodopa	3.550	2221573	2674210	1.6	2841
3	Levodopa	3.564	2215483	2231261	1.5	2816
4	Levodopa	3.564	2217379	2421301	1.5	2872
5	Levodopa	3.565	2211255	2324710	1.6	2845
Mean			2217205		1.6	2841
Std. Dev.			4100.8			
% RSD			0.18			

Table 7. LOD and LOQ of benserazide and levodopa

	Benserazide	Levodopa
Slope	3188.4	39656.07
Standard deviation	36199	56304
LOD ( $\mu\text{g/ml}$ )	0.2	2.3
LOQ ( $\mu\text{g/ml}$ )	0.8	7.04

Table 8. Robustness of benserazide and levodopa

Benserazide					
Parameters	Changes	Peak area	Rt	SD	%RSD
Flow rate as per method 1.0 mL/min	1.0 mL/min	607323	2.102	36198	0.40
	0.9 mL/min	674735	2.330	35175	0.42
	1.1 mL/min	1408920	1.950	38199	0.45
Mobile phase composition				35175	0.42
	Less organic phase	674735	2.290	36198	0.40
	More organic phase	1408920	1.998	38199	0.45
Levodopa					
Flow rate as per method	1.0 mL/min	558777	3.537	56503	0.18
	0.9 mL/min	2505636	3.885	55702	0.17
	1.1 mL/min	1408920	3.263	56904	0.18
Mobile phase composition	As it is			56703	0.17
	Less organic phase	2239255	4.435	55705	0.18
	More organic phase	2300346	3.009	56602	0.19

First of all, maximum absorbance was found to be at 225nm and the peak purity was excellent. Injection volume was selected to be 10 $\mu\text{l}$  which gave a good peak area. The column used for study was Altima C<sub>18</sub> because it was giving good peak. Ambient temperature was found to be suitable for the nature of drug solution. The flow rate was fixed at 1.0ml/min because of good peak area and satisfactory retention time. Mobile phase is methanol: TEA Buffer pH 4.5: acetonitrile (50:25:25) was fixed due to good symmetrical peak. So, this mobile phase was used for the proposed study. Run time was selected to be 7min because analyze gave peak around 2.102, 3.537 $\pm$ 0.02min respectively and also to reduce the total run time.

## CONCLUSION

In the present investigation, a simple, sensitive, precise and accurate RP-HPLC method was developed for the quantitative estimation of benserazide and levodopa bulk drug and pharmaceutical dosage forms.

This method was simple, since diluted samples are directly used without any preliminary chemical derivatization or purification steps. Benserazide and levodopa were freely soluble in ethanol, methanol and sparingly soluble in water. Methanol:TEA Buffer pH 4.5: acetonitrile (50:25:25) was chosen as the mobile phase. The solvent system used in this method was economical. The %RSD values were within 2 and the method was found to be precise. The results expressed in tables for RP-HPLC method was promising. The RP-HPLC method is more sensitive, accurate and precise compared to the spectrophotometric methods. This method can be used for the routine determination of benserazide and levodopa bulk drug and in pharmaceutical dosage forms.

**Competing interest statement:** All authors declare that there is no conflict of interests regarding publication of this paper.

**Additional information:** No additional information is available for this paper.

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