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## RESEARCH ARTICLE

# PROS AND CONS OF BEING A MEMBER OF THE MEDICAL SOCIETIES; ME OR WE, RANK AND TRACK

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#### **ABSTRACT**

Persons who interest with the same professionality and working on the same goals establish the societies, all the field of life different communities would be a found when the researchers look for that. Particularly in the medical sciences organisations are strongest supporters for the development studies and training activities. In this review, I try to define the limits of the advantages and disadvantages of being a member of the medical societies with the perspectives of me who spend time in these communities.

#### **INTRODUCTION**

Societies are the group of people share the same areas of interest and target towards the similar goal of promoting and improving the medical profession. Being a part of the Professional Association can be the first step of career providing, it might be the first track. So many different societies almost for every interest and speciality which no matter what your chosen field serve the researcher and give an opportunity to join to them. My primary goal to weigh the advantages or disadvantages of the membership of medical groups and emphasise the importance of collaboration work and integrity.

#### **PROS**

The leading one of the influential factors track of taken an high-rank position is networking, well-known, share the inspiring ideas all over the World. The creation of synergy among the member of the scientific society produce high volume well- designed multicentric studies. According to the evidence-based steps; Meta-analysis are the strongest type of studies which need to analyse data from different randomised prospective studies from different reliable authors. At this point, societies are a better track to conduct and share the data, provide the best and absolute drugs, treatments modalities for high-quality patients care (http://www.acc.org/membership/member benefits-and-resources.) La Rosette et al. bring together to the endourologist from different centres and countries, established a study group called.

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The Clinical Research Office of the Endourological Society (CROES). They created a global network to promote, conduct the studies and support the researcher with using the industrial partnership. This group published different high quality and well-conducted studies in the science citation index journals. (http://www.croesoffice.org/AboutCroes/ Objectives.aspx). Societies organise a lot of congresses, conventions and workshops. You can attend these events and share your studies, ask for advice, a chance for brainstorming with the colleagues and planning new research and articles with the others experts. It also contributes to your skills with learning and experiences the cutting-edge developed methods. All societies establish some database which consists of guidelines, webinars, surgery videos, etc., doctors who the member of the organisations can access this system as without the restrictions.

People feel a safety while being a together, a member of group support the each other when they need to help. Therefore, a member of the societies encourages each other and new researchers generate new inspiration and studies. You can also sustain and promote another colleague for new ideas and trials. Herewith; this experience assure to get the small details of scientific tracks while helping to the researcher to achieve their goals, introduce innovative research as well. Society-based forecasting and interactivity are crucial, especially members from different fields the susceptibility of the corporation to decision bias is reduced markedly. Moreover, when the available position occurred for colleagues, they can offer and encourage each other. And the result of that, you may be a mentor, it awards yourself (Holmes, 2010; Yaniv, 2011)

Research grants, scholarships and fellowships have the significant effect on the early career researchers. Award programmes help to support training and improving their skills and knowledge. Especially; residents and researchers who work at the developing or undeveloped countries seek this kind of facility to find an available position at the well-constructed research centres. During this time, economic burdens impede persons to apply this offers. Therefore; societies with the support of manufacturing supply a facility to the researcher to find a position, mentor and financial supports.

Modern medicine brought new enforcement to a physician about the sub-specialties and differentiation under the umbrella of the central departments. To settle a common sense among of this professionals; permanent contact must be sustained. And some challenging cases could be referred quickly to wellknown tertiary centre, through to this network (Blackmer, 2007; Project, 2002) All of this activities add grace to your resume. A researcher who has participated in extra-curricular activities are seen as competitive, efficient and disciplined individuals. It does not only give one an edge in interviews, internships and matching process, but is also an expected and welcomed improvement in one's professional and personal growth (Laura morrison for GradSchools.com, 2014). Every surgeon carries on risks to face a medicolegal issue, at that point; members societies need to the legal support to overcome with the malpractice case. So many different medical societies have a potentiality to inform and protect the member challenging situations. The defendant physician can receive advocacy support.

#### **CONS**

Although joining to the medical societies can prove to be beneficial; a lot of people leave their occupation from corporations. The primary reason of that; activities and meetings can take up a lot of your times; this can also affect your family life and social life. Otherwise; the recurrent business trip, training and teaching activities, congress and conventions occupy your big part of your life. Sometimes under the intensity of modern working life such as night shifts, operations and workshops, the physician can forget their and families mental-physical health issues, stress level can be increased. Unfortunately, it could be the cause of severe depression and burnout syndrome.

Some unpleasant circumstances such as loathing your project, ideas; another colleague can pretend to show this productivity belongs to himself to the president and executive committee. And so; he/ she can get grant or award despite with the unfair gain. It decreases your motivation, concentration and effectiveness. On the other hand, Members of executive committee fraudster your right to their relatives or person who closer to them. Both of that is a kind of theft and plagiarism. The particularly on the scientific area, working with the highlevel educated individuals, this kind of injustices turns down the quality of research and studies. During the giving ranks and grants, meritocracy principles always should be considered under the vision of ethical and moral rules (Pellegrino, 1999)

#### Overall

The benefits of joining a professional medical organisation typically outweigh the few downsides. However; reviewing with all aspects of a member of medical societies, know your priorities, with evaluating of benefits and contribution to your professional career. You should that decide based on your expectation. And, try to onset with the one productive and appropriate society according to yourself.

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